



04 MARCH 2023

40KM | 20KM | 10KM | 6KM

AHA ALPINE HEATH

BERGVILLE

RACE ITINERARY

Friday, 03 March 2023

14:00 - Check-in to Accommodation

16:00 - Registration Opens

19:00 - Race Briefing (Repeated at start)

20:00 - Registration Closes

Saturday, 04 March 2023

05:00 - Registration Opens

06:00 - Mountain Marathon Race Start

07:00 - 21km Mountain Challenge Race Start

07:30 - Short & Medium Course Starts

09:30 - Short Course Prize Giving (approximate)

10:30 - First Mountain Marathon Runner Expected

14:00 - Prize Giving (approximate)

17:00 - Last Mountain Marathon Runner Expected

