



04 MARCH 2023
40KM | 20KM | 10KM | 6KM

AHA ALPINE HEATH
BERGVILLE

RACE ITINERARY

Friday, 03 March 2023

- 14:00 - Check-in to Accommodation
- 16:00 - Registration Opens
- 19:00 - Race Briefing (Repeated at start)
- 20:00 - Registration Closes

Saturday, 04 March 2023

- 04:30 - Registration Opens
- 05:30 - Mountain Marathon Race Start
- 06:30 - 20km Mountain Challenge Race Start
- 07:00 - Medium Course Starts
- 07:15 - Short Course Starts
- 09:30 - Short Course Prize Giving (approximate)
- 10:30 - First Mountain Marathon Runner Expected
- 14:00 - Prize Giving (approximate)
- 17:00 - Last Mountain Marathon Runner Expected

