



06 MAY 2023
40KM | 20KM | 10KM

BERGVILLE
MNWENI CULTURE CENTRE

RACE ITINERARY

Friday, 05 May 2023

- 14:00 – Check-in to Accommodation and Campsite
- 16:00 – Registration Opens
- 18:30 – Race Briefing (Repeated at Start)
- 20:00 – Registration Closes

Saturday, 06 May 2023

- 05:00 – Registration Opens
- 06:00 – Mountain Marathon Race Start
- 07:00 – 20km Mountain Challenge Race Start
- 07:30 – 10km Course Starts
- 10:30 – First Mountain Marathon Runner Expected
- 10:30 – Cut-off @ base of the Mountain (17km)
- 14:00 – Main Prize Giving (approximate)
- 17:00 – Last Mountain Marathon Runner Expected

